



Special Operations Command-Central Newcomer's Packet

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U.S. SPECIAL OPERATIONS COMMAND CENTRAL

7561 BLACKBIRD STREET
MACDILL AIR FORCE BASE, FLORIDA 33621-5101

Welcome to Special Operation Command Central (SOCCENT)

Command Sergeant Major Mike Weimer and I want to express our warmest welcome as you and your family join SOCCENT. You will be a valued member of our Special Operations team. Your tour at SOCCENT will be both personally rewarding and professionally challenging!

SOCCENT is the theater special operations command (TSOC) for United States Central Command (CENTCOM), and a sub-unified command of the United States Special Operations Command (SOCOM). We plan and conduct full spectrum special operations in the CENTCOM area of responsibility, a region spanning 20 countries from Egypt across the Arabian Peninsula, the Levant, through Central and South Asia. This is a dynamic and turbulent part of the world with a challenging political and military environment.

The men and women of SOCCENT work alongside four Service component commands within the region: Army, Air Force, Navy, and Marine Central Commands. We coordinate with, and derive most of our resources from SOCOM, the four-star command responsible for all Special Operations capabilities, forces and effects. We draw critical resources and authorities from USSOCOM and our command culture derives from the five SOF Truths: 1. Humans are more important than hardware, 2. Quality is better than quantity, 3. Special Operations Forces cannot be mass produced, 4. Competent Special Operations Forces cannot be created after emergencies occur, and 5. Most special operations require non-SOF support. While assigned to SOCCENT, you will work within a joint environment with a cadre of government civilians and contractor personnel.

We all took an oath to protect and defend the Constitution, and underlying that oath is the belief that all of us are created equal. Yet we each bring important diversity to the team. You are joining a team where diversity is critical to our success and will be leveraged for maximum effect.

We are proud of our successes, but we do not hide from our mistakes. We learn from each. It is clear that more will be asked of us in the future and it will require increased sophistication and creativity to remain proactive against the increasingly complex threats we face. Our team is committed to a culture of honor, courage, commitment, and mutual respect. Every member of our team contributes to the SOCCENT mission, from our personnel specialists, logisticians, and financial managers to our intelligence and special operations planners and operators. We rely on every member's varied knowledge, skills, and abilities to succeed. We look forward to you joining our team.

As a first step, we encourage you to leverage your sponsors during the transition; they have an important role in integrating and welcoming you into the command. Welcome to the SOCCENT team! MOLON LABE!

F. MITCH BRADLEY
Rear Admiral, U.S. Navy
Commanding

MICHAEL R. WEIMER
Command Sergeant Major, U.S. Army
Senior Enlisted Advisor

MEDICAL RESOURCES





SOCCENT MEDICAL CLINIC GUIDE TO MEDICAL CARE

FREQUENTLY ASKED QUESTIONS

1. INTRODUCTION

SOCCENT has an excellent working relationship with the 6th Medical Group at MacDill. The facility at MacDill is currently an outpatient clinic with no inpatient or emergency capability. Care is accomplished by utilizing the facility at MacDill and the local Tricare network.

A great resource to answer most questions about services to members and their families is available at: <http://www.tricare.mil/ContactUs/Login.aspx>

2. WHAT DO I DO WHEN I IN PROCESS?

- a. All incoming personnel need to call TRICARE's "Humana Military Interactive Voice Response Quickstart Guide for TRICARE South Customers." (catchy title)
- b. After updating TRICARE, you will go to the Medical Readiness Office in SOCCENT Headquarters, BLDG 1040, 2nd floor above Human Performance Center (THE MIDDLE BUILDING).
 1. Immunization review and update
 2. Assessment of medical readiness

3. WHERE WILL I RECEIVE MEDICAL CARE?

- a. All SOCCENT unit members are enrolled to the SOCCENT Clinic at the 6th Medical Group Facility.
- b. SOCCENT medical providers are available in this clinic to care for unit members.

4. WHERE WILL MY FAMILY RECEIVE MEDICAL CARE?

- a. Some families, however, do elect to use the medical facility on MacDill AFB or the Brandon Clinic. Enrollment is based upon availability. Pediatrics accommodates children of all ages. All obstetric care is delegated to network providers.
- b. Some families elect to use the TRICARE network based upon geographic location. This is facilitated through the 6th Medical Group TRICARE service center, which is adjacent to the 6th Medical Group Facility.
- c. If your family lives outside the area, questions may be directed to the Humana Military Healthcare Services at 1-800-444-5445.

- 5. WHERE WILL I RECEIVE CARE WHILE IN QATAR?**
Unit members receive care at the SOCCENT Clinic in HQ2. You can contact the section by calling in Qatar 436-1104.
- 6. HOW CAN I GET A MEDICAL APPOINTMENT?**
Medical appointments are made by calling the SOCCENT Clinic at 827-9213. Unit members should inform the clinic that they are SOCCENT personnel/dependents.
- 7. IS THERE A SICK CALL?**
Sick call is at 0730 at the SOCCENT Clinic. We also provide same day open access by appointment. On weekends see question #14.
- 8. HOW CAN I SCHEDULE A MILITARY PHYSICAL OR PHA?**
Physical appointments can be made through the medical office by calling Readiness - 828-4351 or Clinic - 827-9213.
- 9. WHAT ABOUT DENTAL CARE?**
 - a. Dental sick call is available at 0730 and 1330 M-F at the Dental Clinic adjacent to the 6th Medical Group Facility. The Dental Clinic number is 827-9400.
 - b. Routine appointments and cleaning can be made by calling.
- 10. WHAT ABOUT OPTOMETRY?**
Optometry is an appointment only clinic, requiring a call to 827-9132.
- 11. WHAT ABOUT SPECIALTY CARE?**
Specialty care requires a referral that can be obtained by an appointment with your PCM.
- 12. HOW DO I GET MY HIV TESTING COMPLETED?**
Call the Medical Readiness office at 828-4351 or the SOCCENT Clinic at 827-9213 and the order will be entered for you.
- 13. WHAT ABOUT MEDICATION REFILLS FOR UNIT AND FAMILY MEMBERS?**
 - a. If you have refills available, they may be renewed via an automated phone system 1-800-272-0201 and picked up at the refill pharmacy drive thru which is located by the Burger King.
 - b. If you do not have refills available, you need to call the clinic to place a telephone consult with your PCM who can assist you.
 - c. Refills can also be obtained in the civilian pharmacies, however, a written prescription is required and there will be nominal co-pay. Pharmacies in the Tricare network include CVS, Publix, Wal-Mart, and K-Mart. A complete list is available at the Tricare Service Center or the Tricare website at www.tricareonline.com or www.humana-military.com.

14. HOW CAN I GET URGENT AND EMERGENT MEDICAL CARE AT NIGHT AND DURING THE WEEKEND HOURS?

- a. If you believe that a serious medical condition exists that would result in a threat to life, limb, or eyesight, then proceed to the nearest emergency room. If you are enrolled in the 6th Medical Group and your medical need is not an emergency, but you feel care is necessary, contact the on-call 6th Medical Group provider at (813) 828-2273. The on-call provider will assist you in determining your medical need. If you proceed to an urgent care center without first talking with the on-call provider you may incur the cost of the visit. If you are enrolled to a civilian provider, attempt to reach that physician prior to proceeding to an urgent care center.
- b. After a visit to the ER or an urgent care center, you must contact your primary care provider within one duty day. This will allow the PCM to arrange follow-up care, as well as enter an authorization, if not already done. You must contact your PCM.
- c. To locate an emergency room or urgent care center that will accept Tricare, call the provider locator at 800-444-5445 and follow the prompts. You can also go online to www.humana-military.com or www.tricareonline.com, select beneficiary resources, select provider locator and choose urgent care centers. You will need to insure the center is certified in order for the visit to be reimbursed. If you are a Tricare Prime enrollee and you are treated in a network urgent care facility, you will not be required to pay at the time of the visit.
- d. Any further questions can be directed to the Humana Military Healthcare services at 1-800-444-5445, or by visiting the 6th Medical Group Tricare Service Center. The service center is open M-F, 7:30 to 4:30 and the number is 827-9900.

The SOCCENT SSHP Team approaches every effort, program, and activity with two goals in mind: Prevention & Preservation.

Prevention: SOCCENT SSHP offers education, social support, and resources to empower service members and their families to mitigate and prevent future challenges.

Preservation: Our networks and resources address the SOCCENT community's necessities and concerns as they arise. The SSHP Team strives to preserve the force and family while reducing the stigma associated with seeking care.

Emergency Contact Information

SOCCENT Operations Center:
813-828-7424

American Red Cross
National Emergency Communication Services
1-877-272-7337

Online Resource Library

Military One Source

<http://www.militaryonesource.mil/>
(800) 342-9647

211 Crisis Care Center

<http://www.crisiscenter.com/>
211

TriCare Online

<http://www.tricare.mil/>
<http://www.humana-military.com/>

Child Care Aware

<http://www.nacorra.org/military-families>
1(800) 424-2246

MacDill AFB Support Squadron

<http://www.macdillfss.com/default.aspx>

SOCOM Care Coalition

<https://www.socom.mil/Care-Coalition/>
1(877) 672-3039

SOCOM Force and Family Readiness

<http://www.socom.mil/ffrp/default.aspx>
(813) 828-0145

MacDill Area Resilience Center

<https://www.facebook.com/MacDillARC>

MacDill Legal Assistance

<https://www.macdill.af.mil/Staff-Judge-Advocate-Legal-Office/>
(813) 828-4421

MacDill Sexual Assault Resources

<http://www.macdill.af.mil/library/sexualassaultresponsecoordinator.asp>
(813) 828-7272

MacDill Family Life Consultant (MFLC)

macdillsocommflc@gmail.com
(813) 777-7257

MacDill Health and Wellness Center

<http://macdillafb.bestofhealth.org/Hawc/index.html>
(813) 828-4739

MacDill Airman and Family Readiness

<https://macdillfrg.com/>
(813) 828-0145

American Red Cross

<http://www.redcross.org/>
1(877) 272-7337

FOCUS

<https://focusproject.org/>
(813) 826-0143

Special Operations Command - Central

SOCCENT



Spartan Strength & Honor Program (SSHP)

The SOCCENT SSHP Team addresses individual readiness and well-being concerns by providing information, referrals, and solutions for the SOCCENT Community.

SOCCENT SSHP

The **SOCCENT SSHP Team** brings together information and programs related to four dimensions of well-being: **social, spiritual, psychological, and physical.**

Social:

Healthy social networks are important for overall well-being. SOCCENT regularly organizes social, educational, and networking events through unit and Family Readiness activities, such as Family Orientations and Open Houses, Back-to-School Socials, Hail & Farewells, and Holiday Functions.

The **Community Programs and Peer Network Coordinator** is a command sponsored role with the purpose of providing a viable family chain of concern. The SOCCENT CPPNC can be reached at (813)-828-0308.

SOCCENT Service Members, DOD civilians, contractors, and their families can opt-in to receive social related information on events, opportunities, and networking by sending an email request to soccentconnect@gmail.com. You can request to join the Families of SOCCENT Facebook Group or the parallel page SOCCENT Connect which is geared towards members without children. The groups are both private and security questions will need to be answered prior to admission.

Spiritual:

Spiritual resilience is about fueling and refueling your heart and soul - that inward part of you that gives you purpose and meaning and helps make sense of your life and experiences. The SOCCENT Chaplain provides confidential counseling, pastoral care, spiritual direction, coaching and mentorship. Marriage and relationship enrichment opportunities are offered quarterly. Duty hours (813) 828-8093 or after duty hours (813) 385-2799

Psychological:

We encourage everyone, military and family members alike, to seek help when needed. Numerous resources are available to those who are struggling with mental, emotional, behavioral, and relationship issues.

The **Military & Family Life Consultant (MFLC)** provides short-term problem solving counseling to service members and their families. 813-777-7257

FOCUS: Provides resilience training to military children, families and couples. It teaches practical skills to help overcome common challenges related to military life. 813-981-4387

Physical: Our Physical Performance team provide state of the art training techniques and physical therapy to keep our SOCCENT members in peak physical condition. Our Strength and Conditioning trainers can be reached at 813-828-7513.

The **6th Medical Group** provides medical care at their MacDill and Brandon locations. The clinic does NOT provide emergency services. In the event of an emergency, dial 911 or go to the nearest emergency room. 813-828-2273 (CARE)

The **MacDill Health and Wellness Center** (HAWC) provides programs to support fit service members and healthy families. They are located in the Short Fitness Center. 813-828-4739

The **Military & Family Readiness Center** offers services like relocation assistance, employment assistance, and financial management training. 813-828-0145

MacDill Building Number Key

290th JCSS	1885/6	Hangar 3	3
45th AES	717	Hangar 4	4
6/927 ARW Maintenance	6	Hangar 5	5
6/927 Ops/Maint Gp	55	Harbor Bay Housing, 8414 Fortress Dr.	52
6 AMW HQ	299	Household Goods	52
6 AMW IG	173	JCSE	861
91/63/51 Air Refueling Sq	56	JICCEN	565
927 ARW HQ	296	JSOU (Joint Spec Operations Univ)	520
927 ASTS	1044	Legal Office	299
Airman's Attic	17	Loan Locker	18
Base Clinic (6 MDG)	1078	MARC (MacDill Area Resilience Center)	378
Base Finance/Contracting	147	MARCENT	535
Base Ops	3	MI Clothing Sales	926B
BX/AF Bank/Food Court	926A	MSG	496
Car Rental	17	NOAA	9
CENTCOM HQ	570	NOSC	1775
Chapel	355	Passenger Terminal	90
Civil Engineering Sq	11	PharmaCARE	934
Class 6 Store	926B	Post Office	18
Coalition Village	3070	Retiree Activities Office	925
Command Post/MOC/Intel	54	Safety Office	299
Communications Sq HQ	261	Security Forces HQ	203
Commissary	925	Self-Help Store	11
DAPS (Base Repro)	25	SOCCENT, 7561 Blackbird St.	1043
Davis Conference Center	359	SOCOM	501
Dental Clinic	1078	Supply	49
Drug Demand Reduction Program (Rm 116)	378	Tinker K-8 School	1203
EO/SARC	1066	TMO	49
Flight Simulator	295	TRICARE	1078
Grow Financial FCU	102	Vehicle Dispatch	175
Hangar 1	1	Veterinary Clinic	936
Hangar 2	2	Volunteer Program (MacVip)	18

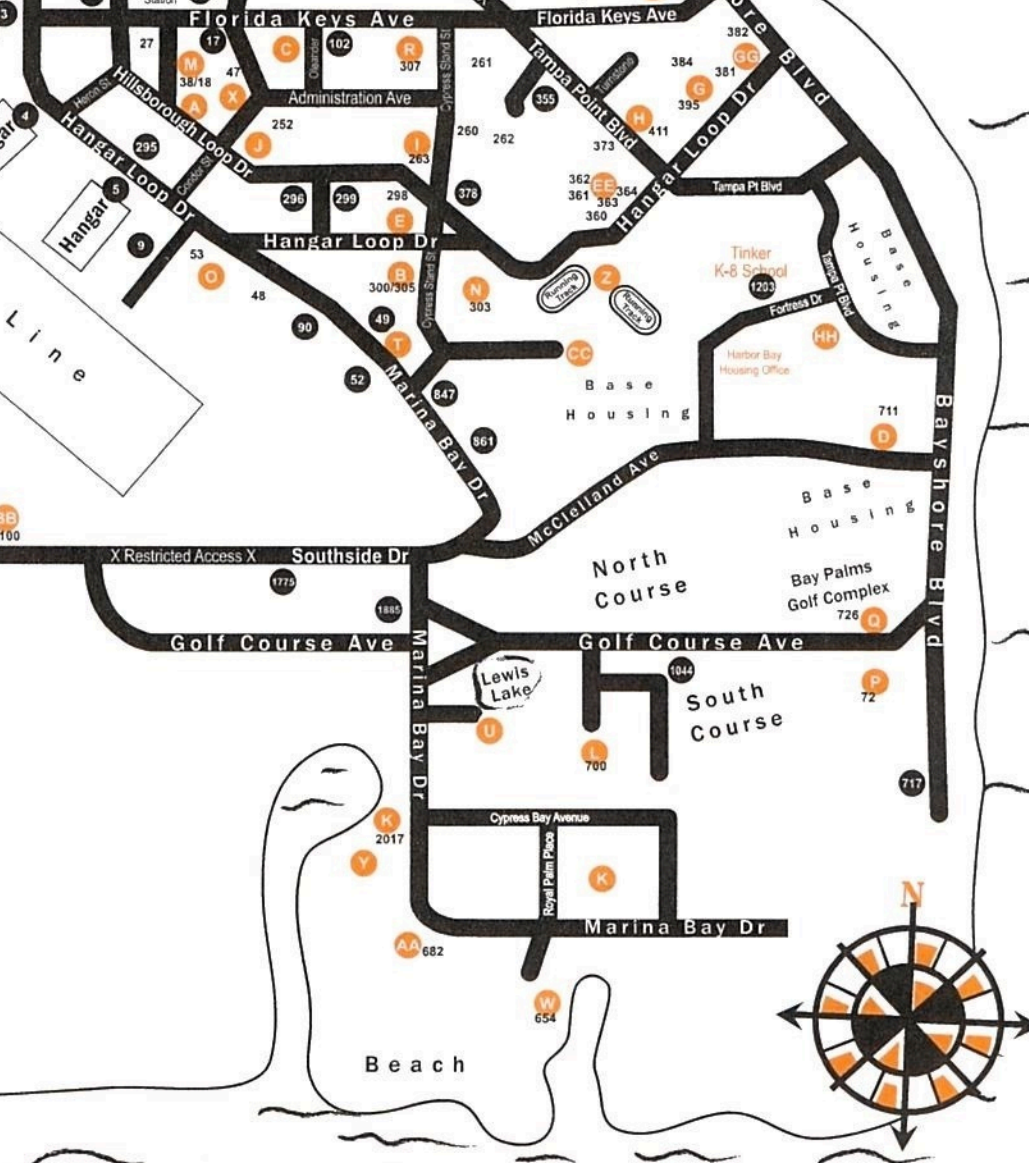
Welcome to MacDill AFB, FL



6th Force Support Squadron invites you to enjoy...

- Arts & Crafts Center (Bldgs 300 & 305).....B
- (Includes Awards & Gift Shop, Frame Shop, Wood Shop, Auto Shop)
- Base Theater, MacFlix & Cinema Box Office Bistro (Bldg 41).....C
- Basketball Courts (Outdoor).....D
- Bowling - MacDill Lanes & Snack Bar (Bldg 298).....E
- Car Wash (Bldg 915, Behind the Gas Station/Shoppette).....F
- Child Development Centers #1-3 (Bldgs 381, 384 & 395).....G
- Civilian Personnel (Bldg 411, 2nd Floor)*.....H
- Diner's Reef Dining Facility (Bldg 263).....I
- Education Center (Bldg 252).....J
- FamCamp Check-in.....K
- FAMCAMP/ FAMCAMP Annex.....L
- Family Child Care (Bldg 18).....M
- Fitness Center (Bldg 303).....N
- FSS Command Section, Marketing (Bldg 53)*.....O
- FSS Accounting/Private Orgs.....P
- FSS Readiness**/ Mortuary Affairs**/ IT* (Bldg 72).....Q
- Golf - Bay Palms Golf Complex & Fairways Grill (Bldg 726).....R
- Honor Guard (Bldg 307, 2nd Floor).....S
- ID/CAC Cards (Bldg 411, 1st Floor).....T
- Information, Tickets & Travel/ Leisure Travel (BX, Bldg 926).....U
- IPR (Bldg 49).....V
- Lewis Lake Recreation/ Picnic Area.....W
- Library (Bldg 252).....X
- MacDill Inn - Lodging Reception Center (Bldg 350).....Y
- Manpower (IDEA/ PECL) (Bldg 411, 2nd Floor)*.....Z
- Marina, Equipment Rental, Outdoor Adv (Bldg 654).....AA
- Military & Family Readiness Center (Bldg 18).....AB
- M&FRC (Bldg 38).....AC
- Military Personnel (Bldg 411, 1st Floor).....AD
- NAF Human Resources (Bldg 411, 2nd Floor)*.....AE
- Passports (Bldg 411, 1st Floor).....AF
- PME & Airman Leadership School (Bldg 53).....AG
- Pool (Bldg 47).....AH
- Raccoon Creek Pavilion (Bldg 2017).....AI
- Rickenbacker's (Inside Bldg 350).....AJ
- Running Tracks (Next to Fitness Center).....AK
- School Age Program (Bldg 307, 1st Floor).....AL
- SeaScapes Beach House (Bldg 682).....AM
- Skeet Range (Bldg 1100).....AN
- Sports Complex (Behind the Fitness Center).....AO
- Surf's Edge Club/Boomers/Club Membership (Bldg 499).....AP
- TLFs (Temporary Lodging Facilities) (Bldgs 360-364).....AQ
- Used Vehicle Resale Lot.....AR
- Youth Center (Bldg 382).....AS
- Youth Programs Sports Complex.....AT

NOTE: These departments/sections will be moving in 2018.
 Call to check on location status.
 * to Bldg 373 ** to Bldg. 411





Go to the JKO link below using your CAC Card.
<https://jkodirect.jten.mil/Atlas2/page/desktop/DesktopHome.jsf>



Select the Course Tab and search by copying the partial course number or name below:

- 1. DOD–US 1364 Department of Defense (DoD Cyber Awareness)**
- 2. J3T A-US 1328 Combating Trafficking in Persons CTIP**
- 3. J3T A-US 1329 SERE 100.2 Level A**
- 4. JS–US 002 Joint Staff Privacy Act Awareness**
- 5. JS–US 006M Joint Staff Suicide Awareness and Prevention - Military Only**
- 6. JS–US 007 Level I Antiterrorism Awareness Training**
- 7. JS–US 010 Joint Staff Annual Ethics Training**
- 8. JS–US 011 Joint Staff Alcohol and Substance Abuse Prevention**
- 9. JS–US 013 Joint Staff Equal Opportunity Policy Basic Training**
- 10. JS–US 014 Joint Staff Law of War**
- 11. JS–US 021 Joint Staff Sexual Assault Prevention and Response Training**
- 12. JS–US 028 Joint Staff Information - Records Management**
- 13. JS–US 005 Joint Staff SCI Security Education & Awareness (Personnel with SCI Only)**

SOCCENT-US 001 DOD Annual Security Awareness Refresher ... see below for link
<https://securityawareness.usalearning.gov/awarenessrefresher/index.html>